



American Academy of Podiatric Sports Medicine



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Footwear
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June 30, 2011

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Our Footwear Committee of the Academy is hard at work evaluating many different brands and types of shoes. We will be adding other manufacturer's shoes as we receive them and evaluate them. If you are a shoe manufacturer and would like to send us shoes for evaluation please contact info@aapsm.org.

Asics
Asics Gel Foundation Walker / W / SC (Moderate MC)
Asics Gel Kayano Walker 7 / W / SC (Minimum MC)
Asics Gel Cardio Walker / W / SC (Neutral/Cushioned MC)
Asics Gel 4 to 8 Walker / W / SC (Maximum MC)

Brooks
Brooks Addiction Walker / W / SC (Moderate MC)

New Balance
New Balance 926 / W / S (Minimum MC)
New Balance 844 / W / SC (Neutral/Cushioned MC)
New Balance 811 / W / S (Neutral/Cushioned MC)
New Balance 965 Trail / W / SC (Moderate MC)
New Balance 659 / W / SC (Moderate MC)

Saucony
Saucony ProGrid Stabil LE 4 Score - 55/W/S (Moderate Motion Control Shoe)
Saucony Grid Integrity ST Score - 45 / W / SC (Moderate Motion Control)

W = Multiple widths
M = One width
C = Curved
SC = Semicurved
S = Straight

Torsional and Flexion Stability are desirable features to assist in protection from the adverse impact of excessive pronation and to help those individuals with plantar

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